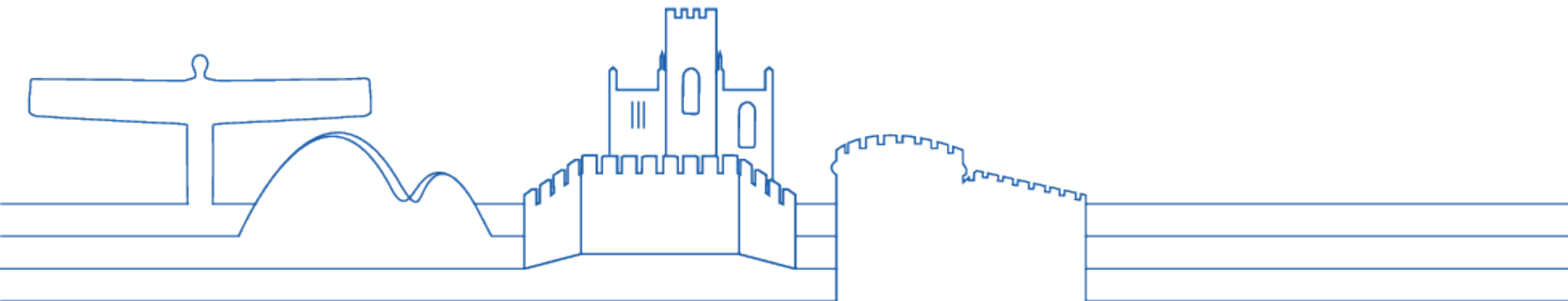




**North East and
North Cumbria**

Mental Health, Learning Disability & Autism

June 2023



2023/24 Priorities

Continued Integration of teams at primary care level – particularly linking up mental health transformation with Integrated Neighbourhood Working

Development of the Older Adults Mental Health Pathway

Focus on Children & Young People's Mental Health Pathways – Single Point of Access

Development of an Alternative to Crisis Offer

Procurement of MH Rehabilitation Offer for individuals with Complex Needs

Learning Disability & Autism



Workforce Integration at Primary Care Level

7 PCN Mental Health Practitioners

5 Mental Health Community Development Workers

10 Peer Support Workers

5 Children & Young People Trainee MH Practitioners

2 Children & Young People CBT Therapist's

Clinical Team Manager & Admin

CBC Extended Access Mental Health Practitioner Pilot

2 Children & Young People Mental Health Practitioners

System Integration

Embedding Mental Health into Locality Working – starting in South Gateshead

Developing Opportunities for Co-Location of Teams & Services across the Borough

Increasing engagement of the VCSE Sector

Embedding Mental Health into Family Hubs development

Working collectively to embed mental health support into Autism Hubs and pre & post diagnostic support

Anti-Social Behaviour Pilot with Housing

Older Adults Pathway

Review of Older Adults Mental Health Services in Gateshead

Specific work on Dementia Pathway which will lead to the development of a Dementia Strategy for Gateshead

Review of current Mental Health Rehabilitation Residential Beds Offer from Everyturn Mental Health

Joint review of older adult's residential care contracts

Review of older adult's crisis pathway



Children & Young People's Mental Health



Review of the Single Point of Access

South Tyneside & Sunderland NHS Trust Primary Care CYP Mental Health Team

Review of the Mental Health in Schools Team to join up with system delivery

Prevention training pilot for Schools – Stormbreak

Alternative to Crisis Pathway

Deep Dive review to understand the reasons why individuals are experiencing a mental health crisis – social determinants are a key driver

Alternative to Admission Pilot

Investment into community spaces to help create safe haven spaces

Co-design work with children & young people to be undertaken to help create Alternative to Crisis offers

Children & young people post crisis support with North East Counselling Service – Pilot extended until September 2023

Investment to create a system training offer which is being co-designed with partners

Complex Emotional Needs

Joint work with People @ The Heart

South Tyneside & Sunderland NHS Trust Primary Care Mental Health Team

Investment into Dual Diagnosis Peer Support Workers to join up recovery and mental health services

Trauma Informed Training

Learning Disability & Autism

3 Year NHS Learning Disability & Autism Plan - Supported by system action plan

5 Autism Hubs to deliver pre & post diagnostic support

Peer Research – Informing system partners through people's lived experience

Insights Network – Independent organisation working with system partners, autistic people and individuals with a learning disability

Community grants – supporting community based provision



**North East and
North Cumbria**

**Angela Kumar, Portfolio Lead Mental Health, Learning
Disability & Autism angela.kumar@nhs.net**

**Gail Ballance, Project Manager Mental Health, Learning
Disability & Autism Portfolio gail.ballance1@nhs.net**

